

Spices And Seasonings

Everything is fair when we're chillin' in a cipher
Reachin g for the final frontier
To decipher the natural mystic in the air
I got my wise eye open and my nostrils flare
Soakin' up the bare power of the soul flower
That grows wild up in my dome
My Buddha smile's on
You can turn the lights down low
I got the glow and I brought you some of those
Spices and seasonings for your higher reasonings

We're just easin' in, listening
Like in one ear and into another that hears much clearer
Sensible to hay fever
Where nothing can bother nor interfere
With the deep distance communications on my brain cellular
Mother Nature knows no failure
Interstellar pollen, a regular like Stella by Starlight
Makes it all right, all bright and handsome tonight
My soul is dancin' all troubles outta sight
Scrubbin' wise buds and rubbin' dubwise, high rise
Lord of Lords, King of King size
Jah Rastafari Ises !
His advice is full of surprises, seasonings and spices
You know they're the wisest teaching devices
For your higher reasonings

Now where was I ? Where have I been ?
I got that buzz feelin', it makes I-man swing and sway
Like King Sunny Ade
Riddims roll through the hay, journey and ricochet like that
Sine die and laid back
With my mind out of time and cloud nine on my mind
So sublime like sittin' on the dock of the bay
Where the waves break and give way to a stronger flow
No, it'll never go up in smoke, we don't cough
We don't choke when it comes with sensikal lessons
And blessings from above
We apprecilove, peace and Inity is increased
And your headpiece taken care of
Don't push and shove when we're releasin'
The spices and seasonings for your higher reasonings